

The background is a vibrant yellow-orange color. On the left, there are stylized green leaves and a light blue flower with a thin stem and green leaves. On the right, there is a pink leaf and a large, light yellow circular shape with small black dots inside, resembling a seed or a fruit. The text is centered in a large, dark blue font.

# Family Holiday Activities

Psalm 127:3 “Children are a gift from the Lord.  
Babies are a reward.”

# Children are a gift and a reward from the Lord for Families



Over the last couple of weeks we have been learning that God is With Us.

As a family, take time to discuss the lessons that you learnt from the Christmas Story.

1. Jesus is the King of Kings. Jesus came to rule in our hearts, He changes us every day into people who say, “NO” to sin. Jesus our King came to save us from sin
2. Jesus is Immanuel- God With Us. He is with us by the power of the Holy Spirit.
3. Jesus is the Greatest Gift. Share this gifts and other things with the community where you live.



We have some cool ideas of things you can do together as a family



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Kids

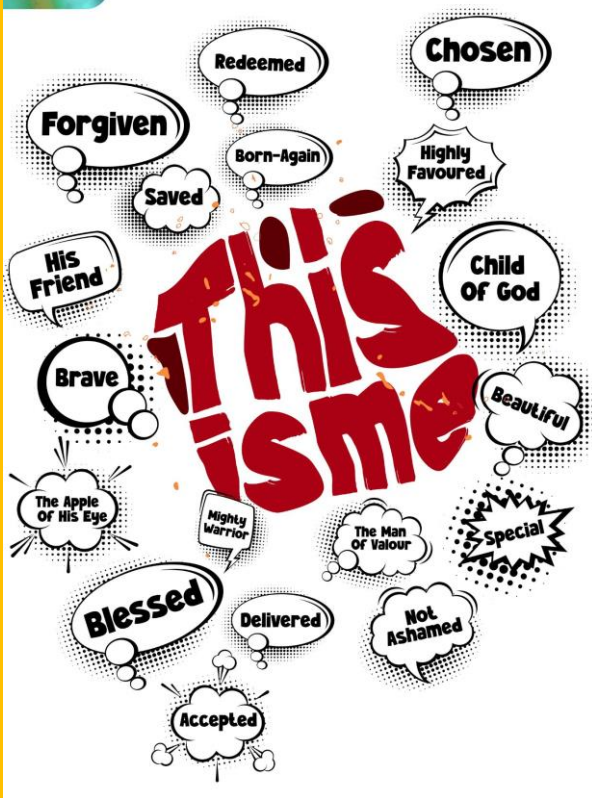


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**THIS IS ME**

What is unique about you?

*I'm Created in the Image of God*

Genesis 1:27  
So God created man in his own image, in the image of God he created him; male and female he created them.

We are unique:  
• some are male and others are female  
• in the way we look  
• in the way we think  
• in the color of our skin  
• in our purpose (what you are good at- talent and skills)  
God created us in a unique way to do great things that He planned for us before we were born.

*Your God's Creation*

**LET'S APPLY THIS!!!**  
We need to:  
• Believe in what God says about us. (1 Peter 3:3-4)  
• Write/journal things that God says about you in Psalm 139.  
• Tell someone what is unique about them; something they are good at. (They are caring, cook good food, play nicely, write well...)  
• Be grateful for the way God made you. He made you special and unique to fulfill the purpose for which you were created. Take a moment and ask God.

**PRAY**  
Dear Jesus, thank you for making me unique. Thank you for the gifts and talents you have given me. Help me to use them for your glory.  
Amen!

*Don't you ever forget it!*

God created you in His image. He made you for a reason, to glorify His name through your special gifts and talents to serve others.

Look out for our weekly devotions on our WhatsApp Parents groups at your Campus. Feel free to review the ones you have been receiving.

# Family Games

## Water Games

Bottle Filling, Water Bucket competition, Water Balloons, Pass the basin of water.

## Dodge Ball (Kwepena)

This is a game of catch, throw and hit.

## Family Band Party

Let everyone in the family get an item around the house they can use to make music.

## Races

Egg Spoon Race, Balloon Relay, Three-legged Race,



# Family Games

## Treasure Hunt

Find places inside the house or outside where you can hide treasure that will be found.

## Islands

Use items around the house that will be islands and they are the only places anyone is allowed to walk on.

## Dance Competition

This can be in form of musical chairs, jump and freeze.

## Kick the Can (Kakebe)

This is a hide and seek game where the player can kick the can to hide again.



# Painting

- Finger painting
- Hand Painting
- Face Painting
- Splash Color Painting





# Cooking

You can use this website to get some famous recipes-  
<https://www.youtube.com/@allrecipes>

- Donuts
- Chapattis
- Local Dishes with your family staple food
- Cakes
- Cookies
- Pancakes
- Meats
- Fish



# READING

If you like reading,  
you could try  
writing your own  
story!

Read the Bible



## JOURNALLING

As a family create a SCRAPBOOK of all the wonderful things you have seen and done together.

OR

Write a story about your adventures as a family.



## TOURING

There are so many wonderful places you can visit and learn about your country. Uganda Museum, The Zoo, Game parks, Source of the Nile and Lake Victoria. Even your place of work.





# Other Creative Activities



- Make your own wall art
  - Make homemade ice cream
  - Start writing a journal
  - Learn a new language
  - Come up with a new card game
  - Make a collage with pictures
  - Knit a scarf or a hat
  - Take part in art challenges
  - Write your own song
  - Record yourself trying these things
- 

# Four Simple Exercises to Do Every Day

## Squats

Three series of 15 squats each to exercise your legs and muscles

## Strides

Three series of 15 strides each to balance your legs' strength and muscles

## Sit-ups

Three series of 15 sit-ups to exercise your shoulders, triceps and chest

## Aerobics

3 series—try to keep your torso straight and your legs separated

# Pray a blessing over Your Family



Numbers 6:24-26

*May the Lord bless you and keep you.  
May the Lord show you his kindness.  
May he have mercy on you. May the  
Lord watch over you and give you  
peace.”*



Stay at Home, Stay Creative!

