

*Watoto*

**MEN'S WEEK OF  
PRAYER & FASTING**

Mon 27 - Fri 31 May 2024



# GOD'S HEART

**FOR  
EVERY  
MAN**

Building Strong, Healthy & Happy Families

Every year, Watoto Church sets aside special time to focus on families because we know that when families are strong, healthy, and happy; individuals, communities, and the entire nation flourish.

To achieve this, it is crucial for men to align themselves with God's heart for them. Men have been given a critical role by God to bring strength, health, and happiness to our families and communities. Whether as husbands, uncles, brothers, or sons, God desires that they prosper in all aspects of life and be instruments of stability and health. Psalm 128 provides a beautiful summary of God's heart for every man:

*Psalm 128:1-6 (NIV)*

*"Blessed are all who fear the LORD, who walk in his ways. You will eat the fruit of your labor; blessings and prosperity will be yours. Your wife will be like a fruitful vine within your house; your sons will be like olive shoots around your table. Thus is the man blessed who fears the LORD. May the LORD bless you from Zion all the days of your life; may you see the prosperity of Jerusalem, and may you live to see your children's children. Peace be upon Israel".*

We therefore invite all men to participate in this special time of prayer to birth and establish these truths in their lives. We encourage every woman to support and pray for the men in their lives, trusting God that every man will experience the fullness of all that is on God's heart for them.



Day One: 27 May 2024

## **THEME: FEAR THE LORD AND WALK IN OBEDIENCE TO HIS WORD**

For every man to experience God's blessing to flourish, they need to walk in the fear of the Lord and in obedience to His word.

This principle goes all the way back to the Garden of Eden when God gave Adam the instruction to eat from any tree except the tree of the knowledge of good and evil (Genesis 2:15-17). Unfortunately, man failed to keep this condition, and sin entered the world, hindering man's relationship with God.

To experience the fullness of God's blessings and to regain that place of blessing in God's presence, men are called to return to wholehearted devotion to God. Psalm 128:1 emphasizes the importance of fearing the Lord and walking in obedience to Him for every man to be blessed.

*Psalm 128:1 (NIV) "Blessed are all who fear the Lord, who walk in obedience to him."*

### **Prayer points**

1. Give thanks to God for His love, mercy, and grace in your life, work, and family.
2. Confess any sins and shortcomings to God and ask for forgiveness.
3. Renounce any old ways of thinking and behavior that are contrary to God's word and recommit to walking in obedience to Him.
4. Pray for yourself and the men in your life to live in holiness and the fear of the Lord in all areas of life.
5. Ask the Lord to guide you to a band of brothers with whom you can build each other up, help one another, and defend one another - (Ecclesiastes 4:9-10, 12).
6. Pray through Psalm 128, speaking the blessings over your family, children, and spouse (if married), asking the Lord to bring His prosperity and peace upon them.





Day Two: 28 May 2024

## **THEME: FIND YOUR IDENTITY IN CHRIST**

God's heart is that every man flourishes by finding his identity in Christ.

In a world full of identity crises, where men often define themselves by worldly labels and impressions, it's crucial for men to discover their worth and purpose in Christ. When men discover who they are in Christ, they will flourish for they will then know their rights, privileges and responsibilities.

*Galatians 4:6-7 (NIV)*

*"Because you are sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, 'Abba, Father.' So you are no longer a slave, but a son; and since you are a son, God has made you also an heir."*

### **Prayer points**

1. Renounce any wrong ways and labels the world has placed on men and embrace the truth that our worth is in Christ because we are created in the image of God.
2. Pray that men will understand that they were created male and express their masculinity like Christ, reflecting His character.
3. Ask the Lord to help men find their worth in Christ rather than in temporary things such as status, possessions, or positions.
4. Pray that men will choose to live by biblical values and not conform to the ways of the world.



Day Three: 29 May 2024

## THEME: WALK IN SEXUAL PURITY

Sexual purity is refraining from any immoral sexual activity, both physical and emotional, and exercising self-control. Sexual impurity has led to a loss of worth and purpose among men, affecting family life.

It's about disciplining or controlling oneself in such a way that they are not guilty of sexual sin.

*1 Thessalonians 4:3-8 (NIV)*

*"It is God's will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control your own body[a] in a way that is holy and honorable, not in passionate lust like the pagans, who do not know God; and that in this matter no one should wrong or take advantage of a brother or sister. The Lord will punish all those who commit such sins, as we told you and warned you before. For God did not call us to be impure, but to live a holy life. Therefore, anyone who rejects this instruction does not reject a human being but God, the very God who gives you his Holy Spirit."*

Scriptures: 1 Corinthians 6:18-20, Titus 2:11-14, Matthew 5:28, Proverbs 5:16-18.

### Prayer points

1. Repent of any sexual sins, wrong mindsets, and entertainment, asking for God's forgiveness and cleansing.
2. Pray for deliverance from addictions to pornography, masturbation, homosexuality, fornication, adultery, and lustful fantasies.
3. Ask the Lord to renew our minds and give us the strength to honor Him with our bodies and to treat others with purity and respect.
4. Pray for a clean heart, filled with the Holy Spirit, power to set boundaries, and resistance to the enemy's temptations.
5. Commit to living a life of sexual purity in the fear and honour of the Lord.





Day Four: 30 May 2024

## **THEME: GROW IN YOUR LEADERSHIP RESPONSIBILITY**

God has called men to be leaders in their families and society (Genesis 1:28). However, the role of leadership has been corrupted since the fall, leading to chaos and confusion.

Through Christ, men are invited to rise up and take their rightful place as leaders in the family, establishing the kingdom of God on earth.

*Genesis 18:19 (NIV)*

*"For I have chosen him, so that he will direct his children and his household after him to keep the way of the Lord by doing what is right and just, so that the Lord will bring about for Abraham what he has promised him."*

### **Prayer points**

1. Reflect on areas where you may have failed to fulfill your leadership responsibilities and ask for forgiveness.
2. Ask the Lord to grant wisdom and strength to live a disciplined life, modeling the character of Christ to your family and community.
3. Pray for wisdom and courage for you and other men to take up your leadership responsibility as:
  - A spiritual leader in the family and community – Genesis 18:19.
  - A provider for both your immediate family and relatives – 1 Timothy 5:8.
  - A disciplinarian. That the lord will give you wisdom to direct your children towards his will, teaching them to walk in His ways – Genesis 18:19, Hebrews 12:11.
  - As a protector - Nehemiah 4:14.
4. Pray for fathers/husbands who have been absent to return to their families and fulfill their leadership roles.



Day Five: 31 May 2024

## **THEME: ENGAGE IN MEANINGFUL WORK**

God created men to engage in meaningful work, using their God-given abilities to serve others for His pleasure.

*Genesis 2:15 (NIV)*

*"The Lord God took the man and put him in the Garden of Eden to work it and take care of it."*

Unfortunately, the world has distorted the concept of work, turning it into a pursuit of materialism and wealth, leading to men being absent from their homes.

If men are going to flourish and build healthy families, we need to embrace a biblical perspective of meaningful work which is that: Work is blessed, Work with rest, Work in service of others (Serve your family and relatives, Be generous to those in need, Build a better community and Work to honour Christ.

### **Prayer points**

1. Reflect on your view of work and repent if it aligns with worldly values rather than God's perspective.
2. Pray for deliverance from the spirit of laziness, greed, corruption, gambling, and the love of money.
3. Pray for the Lord's blessing and establishment in the work of your hands, enjoying the fruit of your labor - Psalm 90:17, Ecclesiastes 5:18-19.
4. Ask the Lord to give you the grace to be diligent and skillful in your work, bringing glory to Him - Proverbs 14:23, 22:29, Colossians 3:23-25.
5. Pray for wisdom in managing resources and using them for God's glory, being generous towards God and others - Genesis 8:18, Acts 10:2, 2 Corinthians 9:6-12.

## Conclusion

*God's heart for you as a man is to flourish in all aspects of your life. To prosper and be fruitful and to be God's instrument of stability and health in your personal life, family, work and community.*

To achieve this, men are called to walk in the fear of the Lord, find their identity in Christ, walk in sexual purity, grow in leadership responsibility, and engage in meaningful work. Through prayer, we can seek God's guidance, strength, and transformation in these areas of our lives, trusting in His grace and power to enable us to live according to His heart for us. We shall then be true men of valor, embracing and pursuing Godliness, Greatness and Generosity.



